



the Veg 25

Tap into VT's 2009 hot list of fresh voices, ingenious products, and handy resources that make the vegetarian life more fulfilling every day.

BY Lisa Barley ILLUSTRATIONS BY Peter Grundy



1. Iced Bliss We've tried many tasty soy- and rice-based vegan ice creams, but Luna & Larry's Coconut Bliss blew us away. It's dairy-free, soy-free, and gluten-free, and is made with certified-organic ingredients, including coconut milk and agave nectar. Creamy, decadent, and oh-so-satisfying, it might be the best vegan dessert on the market right now. The VT staff is particularly fond of the Dark Chocolate, Cappuccino, and Chocolate Hazelnut Fudge flavors. coconutbliss.com

**Luna & Larry's Coconut Bliss named #1
on Vegetarian Times Hot List for 2009!**

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